5 <u>ABSTRACT</u>

A substrate includes a flexible substantially planar sheet of at least one layer. The layer has a front side and a back side with a donning agent associated with at least one side of the sheet. The donning agent is transferable from the sheet to an object or individual apart from the sheet. A method of applying a donning agent to hands prior to donning elastomeric gloves includes the steps of washing the hands, and contacting the hands with a substrate that both simultaneously dries and transfers a donning agent to the hands.

15

10